

1           **The Interactive Relationship between Air Travel and Climate**

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24 **The airline industry closely monitors the midlatitude jet stream for short term planning of**  
25 **flight paths and arrival times. In addition to passenger safety and on-time metrics, this is**  
26 **due to the acute sensitivity of airline profits to fuel cost and consumption. U.S. carriers**  
27 **spent \$47 billion on jet fuel in 2011 <sup>i</sup>, compared to a total industry operating revenue of**  
28 **\$192 billion <sup>ii</sup>. Beyond the time scale of synoptic weather, the El Nino-Southern Oscillation**  
29 **(ENSO) and Arctic Oscillation (AO) modulate the strength and position of the Aleutian low**  
30 **and Pacific high on interannual time scales, which influence the tendency of the exit region**  
31 **of the midlatitude Pacific jet stream to extend, retract, and meander poleward and**  
32 **equatorward <sup>1-3</sup>. The impact of global aviation on climate change has been studied for**  
33 **decades due to the radiative forcing of emitted greenhouse gases, contrails, and other**  
34 **effects <sup>4,5</sup>. The impact of climate variability on air travel, however, has only recently come**  
35 **into focus and primarily in terms of turbulence <sup>6,7</sup>. Shifting attention to flight durations,**  
36 **here we show that 88% of the interannual variance in domestic flight durations over the**  
37 **Pacific sector is explained by a linear combination of ENSO and the AO. Further, we**  
38 **extend our analysis to CMIP5 model projections to quantify and discuss a new feedback to**  
39 **anthropogenic climate change.**

40       The northeastern subtropical Pacific between Hawaii and the U.S. mainland is a major  
41 corridor of long-distance commercial air travel. Flying times <sup>iii</sup> between Honolulu (HNL) and  
42 Los Angeles (LAX), San Francisco (SFO), and Seattle–Tacoma (SEA) from 1995 through 2013  
43 by four major carriers (United Airlines [UA], American Airlines [AA], Delta Airlines [DL], and  
44 Hawaiian Airlines [HA]) are analyzed and compared with observed <sup>8</sup> daily zonal winds at  
45 roughly cruising altitude (300 mb) (Fig. 1a). To isolate the signal associated with atmospheric  
46 variability (as opposed to systematic changes in traffic, technology or policy), rather than

47 analyzing flying times in one direction or the other, the *difference* between westbound and  
48 eastbound flying times ( $\Delta T$ ) of each route is computed. There is substantial seasonal-to-  
49 interannual variability of  $\Delta T$  (~1 hour), which is remarkably consistent between airlines and  
50 across routes (Fig. 1b). For example, the  $\Delta T$  records for the HNL-LAX route exhibit correlations  
51 of 0.91 (DL vs. HA) to 0.95 (UA vs. DL).  $\Delta T$  records for a given route are also significantly  
52 correlated with other routes for the same airline; the HNL-LAX route is correlated 0.86 with  
53 HNL-SFO, and HNL-SFO is correlated 0.65 with HNL-SEA. Moreover, correlations are very  
54 high between HNL-LAX and additional routes that extend well onto the continent: 0.81 for  
55 HNL-DEN (Denver), 0.82 for HNL-DFW (Dallas-Fort Worth), 0.75 for HNL-ORD (Chicago  
56 O'Hare), and 0.73 for HNL-ATL (Atlanta).

57         That the observed fluctuations in flying times are synchronous throughout the region  
58 regardless of airline or route suggests a common driver, which we hypothesize to be internal  
59 climate variability. Correlations of observed atmospheric anomalies with a representative  $\Delta T$   
60 record (UA HNL-LAX; mean seasonal cycle also removed) reveals the dominant large-scale  
61 mechanism.  $\Delta T$  is anomalously large (*i.e.*, eastbound flights are shorter and westbound flights are  
62 longer) when the 300-mb westerly wind between Hawaii and the mainland is anomalously strong  
63 (Fig. 2a). Zonal wind correlations of opposite sign immediately poleward and equatorward are a  
64 clear manifestation of a cyclonic (anticyclonic) tropospheric circulation anomaly poleward  
65 (equatorward) of the airline route (Fig. 2b). This pattern of upper-level zonal wind and mid-  
66 tropospheric geopotential height is consistent with the leading modes of Pacific jet stream  
67 variability recently identified <sup>9</sup>, and project strongly onto those of ENSO (El Nino phase) and the  
68 AO (negative phase) (Fig. S1).

69 To facilitate analysis of the observed temporal covariability of 300-mb zonal wind and  
70  $\Delta T$ , an index is constructed as the spatially averaged 300-mb zonal wind between Hawaii and the  
71 U.S. mainland ( $u_{300mb}$ ; box shown in Fig. 2a). The mean seasonal cycle of  $u_{300mb}$  explains  
72 virtually all of the mean seasonality of flying time between Los Angeles and Honolulu ( $r=0.98$ ;  
73 Fig. S2), with similar results for the other routes. The correlations between  $u_{300mb}$  and  $\Delta T$  are  
74 very high across all time scales down to the highest frequency fluctuations associated with  
75 synoptic weather variability (Fig. 3a). After removing the mean seasonal cycle of both data sets,  
76  $u_{300mb}$  explains 73% of the total daily variance of  $\Delta T$  and 91% of the interannual variance. Thus,  
77 the atmosphere's well-known influence on aviation readily transcends from weather to climate  
78 scales.

79 The 19-year records of observed  $u_{300mb}$  (and thus  $\Delta T$ ) share substantial variance with  
80 large-scale modes of tropical and high-latitude climate variability, particularly ENSO and the  
81 AO (Fig. 3c). For example, the largest positive anomalies are coincident with major El Nino  
82 events (including 1997-98 and 2009-10), while the leveling off at the peak of such anomalies is  
83 akin to the AO record. The interannual variability of  $\Delta T$  is correlated 0.91 with ENSO at a 2-3  
84 month lag, and -0.48 with the AO (no significant lag). Indeed, a simple least squares multiple  
85 linear regression using the NINO3.4 and AO indices as independent variables is able to capture  
86 82% of the variance of the observed  $u_{300mb}$  index – 88% ( $r=0.94$ ) if NINO3.4 is allowed to lead  
87 by 60 days (Fig. 3d). It is highly plausible that propagating modes of intraseasonal variability  
88 such as the Madden-Julian Oscillation (MJO) also have a strong impact on air travel in this  
89 region, particularly at higher frequencies than those shown in Fig. 3c-d.

90 Although the relationship between the durations of westbound and eastbound legs of a  
91 given route is inverse and strong, careful analysis of the total flying time by route (westbound leg

92 plus eastbound leg;  $\Sigma T$ ) reveals a small but nonzero residual (Fig. S3)<sup>iv</sup>. This implies that  
93 changes in flying times and thus fuel consumption, CO<sub>2</sub> emissions, *etc.* do not entirely cancel out  
94 as 300-mb zonal winds change either as part of internal, oscillatory atmospheric variability or in  
95 response to radiative forcing. In 2011, U.S. carriers purchased jet fuel at ~\$3 per gal<sup>v</sup>. There are  
96 ~30,000 U.S. domestic flights per day<sup>vi</sup>. Assuming each flight has a counterpart in the opposite  
97 direction, there are 15,000 individual routes flown per day. If the total flying time by route ( $\Sigma T$ )  
98 increased by just one minute for every route, there would be a total of 250 additional flying hours  
99 per day, or ~91,000 additional flying hours per year, spelling potentially billions of additional  
100 dollars spent on jet fuel and a significant increase in the contribution to global radiative forcing  
101 by the airline industry. It is therefore essential, as a matter of understanding feedbacks between  
102 climate and society, to characterize and understand the response of the 300-mb wind field to  
103 radiative forcing.

104 Analyzing the predicted response of 300-mb zonal winds to increased radiative forcing  
105 by 34 GCMs included in the Coupled Model Intercomparison Project, Phase 5 (CMIP5)<sup>10</sup> paints  
106 an uncertain future (Fig. 4a). Under the 8.5 W m<sup>-2</sup> IPCC forcing experiment (RCP8.5), roughly  
107 one third of GCMs predict a poleward shift of the annual mean position of the jet (Fig. 4c), one  
108 fifth predict an equatorward shift (Fig. 4d), and the remaining half predict only a very small or  
109 insignificant change in the latitudinal position or strength of the annual mean jet. However, the  
110 most robust aspect of the projected change in the annual mean 300-mb zonal wind field over the  
111 North Pacific – consistent across half of the GCMs – is a zonal extension of the jet exit region  
112 into the corridor between Hawaii and the U.S. mainland ( $1.6 \pm 0.4$  m s<sup>-1</sup> local increase in mean  
113 annual 300-mb zonal wind [ $u_{300mb}$  index]) (Fig. 4e). The multi-model ensemble projections  
114 shown in Fig. 4 based on CMIP5 models are highly consistent with a previous assessment of

115 CMIP3 models<sup>11,12</sup> and further underscore the importance of GCMs to reliably predict the future  
116 state of the tropical Pacific Ocean. Based on the observed empirical relationships discussed  
117 above, such a change in upper level winds would result in  $\sim 3.7$  additional flying hours per daily  
118 round-trip, per carrier, per comparable route, per year. Assuming twice-daily round-trip flights,  
119 four carriers, and just three comparable routes (*i.e.*, HNL to/from LAX, SFO, and SEA) yields 89  
120 additional flying hours per year, which amounts to roughly 320,000 gal additional jet fuel  
121 consumed per year<sup>vii</sup>,  $\sim \$1$  million in additional fuel costs, and 3.1 million kg CO<sub>2</sub> emitted per  
122 year<sup>viii</sup>. Multi-model projections focusing on the boreal winter season (Dec.-Jan.), which is the  
123 season of maximum climatological jet development, are much larger and more robust across  
124 models (Fig. 4b). The multi-model median change in 300-mb zonal wind between Hawaii and  
125 the U.S. mainland ( $u_{300mb}$  index) during boreal winter is  $5.0 \pm 1.4 \text{ m s}^{-1}$  (accounting for 69  
126 additional flying hours, 247,000 gal additional jet fuel consumed, \$741,000 additional fuel cost,  
127 and 2.4 million kg CO<sub>2</sub> emitted *per winter* under the same assumptions).

128         Given the observed dependence of flight durations on 300-mb zonal winds (Fig. 3), as  
129 germane to airline operations may be the level of *variability* of 300-mb winds— analogous to  
130 volatility in a market or in the price of raw materials. How is the amplitude of daily-scale  
131 (synoptic) variability of  $u_{300mb}$  modulated seasonally and interannually? How is the amplitude of  
132 lower-frequency variability (*i.e.*, the amplitude of the seasonal cycle and the magnitude of  
133 interannual anomalies) projected to change in the response to radiative forcing? It is well known  
134 that synoptic-scale weather variability is significantly more energetic during wintertime (Fig.  
135 5a); so, too, is the daily-scale variability in flying times (Fig. 5b). At the interannual time scale,  
136 the daily-scale variance in  $u_{300mb}$  also proves to be modulated by the phase of the AO; the  
137 variance of  $u_{300mb}$  is anomalously large when the AO is in a negative phase (Fig. 5c, d). IPCC

138 syntheses of GCM projections include a trend toward the positive phase of the AO over the  
139 course of this century in response to radiative forcing<sup>4,13</sup>, implying that the 300-mb zonal winds  
140 in this region may become less variable on a day-to-day basis in the future. However, the annual  
141 cycle of  $u_{300mb}$  is projected to become stronger under the RCP8.5 forcing experiment (Fig. 5e),  
142 which is consistent with the projected trend in  $u_{300mb}$  being greatest during boreal winter– the  
143 season of maximum climatological  $u_{300mb}$  (Fig. 5g, h). The CMIP5 projections analyzed herein  
144 do not include a robust change in the amplitude of interannual variability of  $u_{300mb}$  (Fig. 5f),  
145 which is also consistent with IPCC syntheses noting the lack of robust changes in the amplitude  
146 of ENSO and AO.

147         It is clear that the acute sensitivity of the commercial airline industry to atmospheric  
148 variability extends beyond “weather”– to the seasonal and interannual (“climate”) time scales.  
149 Synoptic weather patterns, the annual cycle of solar forcing, and modes of interannual climate  
150 variability such as ENSO and the AO control the strength and variance of flight level winds, and  
151 flight level winds appear to be the overwhelmingly dominant predictor of flight durations.  
152 Climate mechanisms that dictate the variability of flight durations in other busy regions such as  
153 the North Atlantic, Europe, and Asia are likely to differ in details from those identified herein but  
154 still probably boil down to what controls flight level winds between airports. While much of the  
155 discussion of the relationship between climate change and air travel focuses on the contribution  
156 of global aviation to radiative forcing (greenhouse gases and contrails), the findings presented  
157 herein suggest more complex feedbacks. In particular, radiatively forced changes in circulation  
158 have the potential to influence the rate of consumption of fossil fuels by the airline industry, thus  
159 feeding back onto the global radiative forcing and resultant changes in circulation.

160 **Figure Legends**

161 **Figure 1 | Overview map and airline time series. a**, Airline routes between Honolulu (HNL)  
162 and Los Angeles (LAX), San Francisco (SFO), and Seattle-Tacoma (SEA) International Airports  
163 superimposed upon the annual mean 300-mb zonal wind field (NCEP/NCAR Reanalysis, 1995-  
164 2013). The zonal wind field is contoured every  $2.5 \text{ m s}^{-1}$ . **b**, Time series of the flying time  
165 differences between westbound and eastbound legs ( $\Delta T$ ) for the HNL-SEA, HNL-SFO, and  
166 HNL-LAX routes. Colors in each panel of **b** denote airline (blue for United, red for American,  
167 green for Delta, and cyan for Hawaiian). A 31-day running mean was applied to all time series.  
168 No HNL-SEA data were available from United or American.

169 **Figure 2 | Atmospheric correlations.** Anomaly correlation of the **a**, 300-mb zonal wind and **b**,  
170 500-mb geopotential height fields with the flying time difference between westbound and  
171 eastbound legs ( $\Delta T$ ) for the HNL-LAX route based on United flights. The mean seasonal cycle  
172 was removed from— and a 31-day running mean was applied to all data. For reference, the annual  
173 mean 300-mb zonal wind and 500-mb geopotential height fields are also contoured in black  
174 (every  $2 \text{ m s}^{-1}$  beginning at  $5 \text{ m s}^{-1}$  and every 50 m beginning at 5,000 m, respectively). The box  
175 shown in **a** indicates the region over which 300-mb zonal wind field is spatially averaged to  
176 construct the  $u_{300mb}$  index.

177 **Figure 3 | Flying time, wind, and climate. a**, Daily, **b**, monthly and **c**, annually smoothed HNL-  
178 LAX (United) flying time difference ( $\Delta T$ ; blue) and  $u_{300mb}$  index (black). The  $u_{300mb}$  index is  
179 defined as the spatially averaged 300-mb zonal wind over the box shown in Fig. 2a. The inset to  
180 **a** shows daily  $\Delta T$  and  $u_{300mb}$  time series for the year 2009.  $u_{300mb}$  vs.  $\Delta T$  correlation coefficients  
181 associated with daily, monthly, and annually smoothed time series are 0.86, 0.91, and 0.95,  
182 respectively. Also shown in **c** are annually smoothed NINO3.4 (dark gray) and AO (light gray;



183 inverted) climate indices. Correlations associated with NINO3.4 are 0.86 and 0.85 for  $u_{300mb}$  and  
184  $\Delta T$ , respectively (the maximum lead-lag correlation of NINO3.4 and  $\Delta T$  is 0.91 with NINO3.4  
185 leading by  $\sim 2.5$  months). Correlations associated with the AO are -0.53 and -0.48 for  $u_{300mb}$  and  
186  $\Delta T$ , respectively. **d**, Observed (gray) and reconstructed (black) annually smoothed  $u_{300mb}$  index  
187 based on least-squares multiple linear regression with the NINO3.4 (leading by 60 days) and AO  
188 indices as independent variables.

189 **Figure 4 | Projected trends in mean flight level winds.** **a**, CMIP5 multi-model (N=34) mean  
190 trend in 300-mb zonal wind under the IPCC AR5 RCP8.5 future forcing experiment (2006-  
191 2100). For reference, the multi-model, annual mean 300-mb zonal wind field is also contoured in  
192 black (every  $5 \text{ m s}^{-1}$  beginning at  $5 \text{ m s}^{-1}$ ). **b**, As in **a** but for the boreal winter season (Dec.-Jan.).  
193 **c**, As in **a** but including only those models that predict a northward shift of the Pacific jet stream  
194 (N=13). **d**, As in **a** but including only those models that predict a southward shift of the Pacific  
195 jet stream (N=6). **e**, As in **a** but including only those models that predict a pronounced southward  
196 dip of the Pacific jet stream (N=17). The inset in **b** shows a histogram of projected trends in 300-  
197 mb zonal wind spatially averaged over the box shown (*i.e.*, the  $u_{300mb}$  index). The solid and  
198 dashed vertical lines represent zero and the median projected  $u_{300mb}$  trend, respectively.

199 **Figure 5 | Changes in variability.** **a**, Observed daily-scale  $u_{300mb}$  for 1995-1999 (to show  
200 detail). Daily-scale is defined as the departure from the 7-day running mean. **b**, as in **a** but for the  
201 flying time from LAX to HNL (United). **c**, Annually smoothed AO index (inverted). **d**, Annually  
202 smoothed 90-day running variance of daily-scale  $u_{300mb}$ . **e**, Histogram of CMIP5 projected trends  
203 in 10-year running variance of monthly  $u_{300mb}$  under the IPCC AR5 RCP8.5 future forcing  
204 experiment (2006-2100). **f**, As in **e** but for monthly  $u_{300mb}$  anomalies (mean seasonal cycle  
205 removed). **g**, Mean seasonal cycle of  $u_{300mb}$  in CMIP5 models (thin lines) and the multi-model

206 mean (thick line). **h**, Projected trends in  $u_{300mb}$  by CMIP5 models as a function of calendar month  
207 (thin lines) and the multi-model mean (thick line).

208 **Figure S1 | ENSO and Arctic Oscillation.** Regression of Northern Hemisphere wintertime **a**,  
209 300-mb zonal wind ( $m s^{-1}$ ) and **b**, 500-mb geopotential height (m) on the NINO3.4 index from  
210 the NCEP/NCAR Reanalysis (1949-2010). **c**, **d**, As in **a**, **b** but for the the Arctic Oscillation (AO)  
211 index.

212 **Figure S2 | Annual cycles.** **a**, Annual cycle of westbound (blue) and eastbound (red) flying time  
213 ( $T$ ) between HNL and LAX (United). **b**, Annual cycle of the flying time difference between  
214 westbound and eastbound legs ( $\Delta T$ ) for the HNL-LAX route (United). **c**, As in **b** but for the flight  
215 time sum. **d**, Annual cycle of the  $u_{300mb}$  index.

216 **Figure S3 | Flight time residual.** **a**, Scatter diagram of the  $u_{300mb}$  index vs. the duration of  
217 westbound (blue) and eastbound (red) legs of the HNL-LAX route (United). **b**, As in **a** but for  
218 the  $u_{300mb}$  index vs. the flight time sum.

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241

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285 **Other Notes**

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<sup>i</sup> Bureau of Transportation Statistics, Research and Innovative Technology Administration, U.S. Department of Transportation.

<sup>ii</sup> MIT Global Airline Industry Program, Airline Data Project  
(<http://web.mit.edu/airlinedata/www/Revenue&Related.html>).

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<sup>iii</sup> The BTS statistic “AirTime” is used, which is wheels up to wheels down.

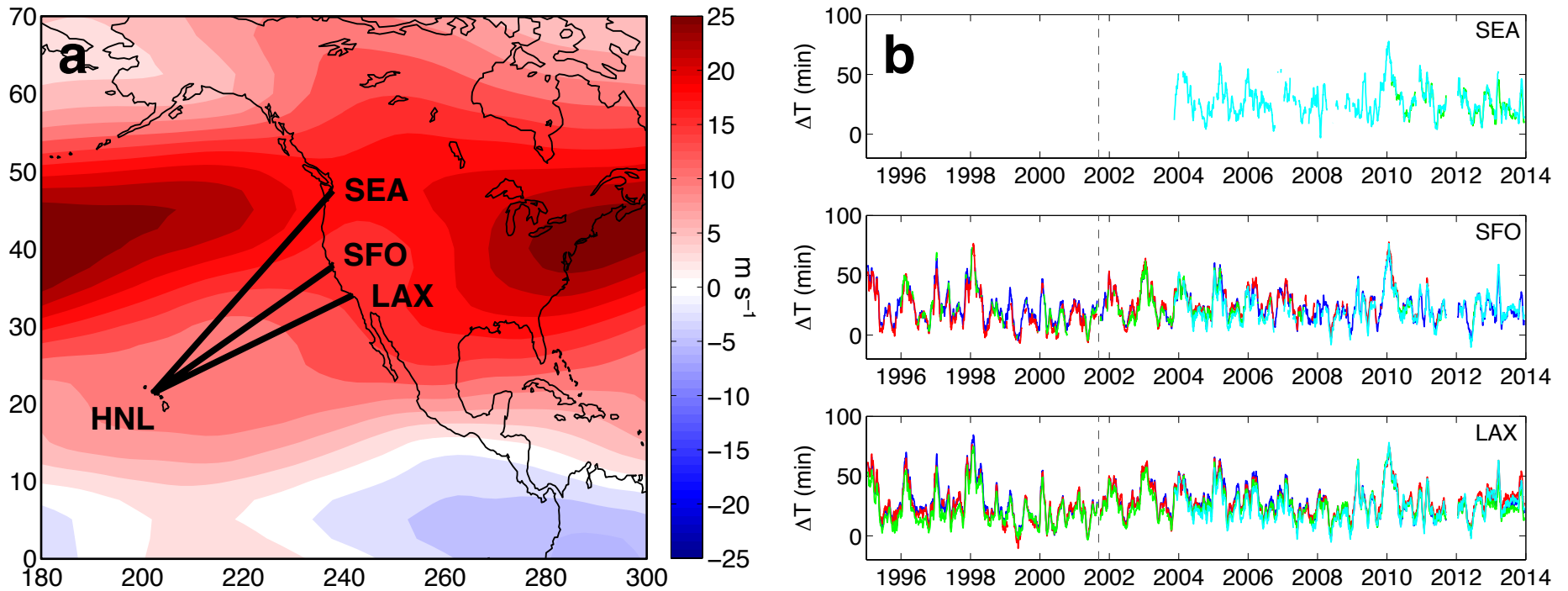
<sup>iv</sup> The sensitivity of westbound flight durations to  $u_{300}$  is greater than that of eastbound flights of the same route, so an increase in  $u_{300}$  lengthens the westbound flight by slightly more than it shortens the eastbound flight resulting in a net increase in total flying time ( $\Sigma T$ ). The average sensitivity of  $\Sigma T$  to  $u_{300}$  for the flights analyzed is 0.38 minutes flying time per  $\text{m s}^{-1}$  zonal wind.

<sup>v</sup> Bureau of Transportation Statistics, Research and Innovative Technology Administration, U.S. Department of Transportation.

<sup>vi</sup> National Air Traffic Controllers Association.

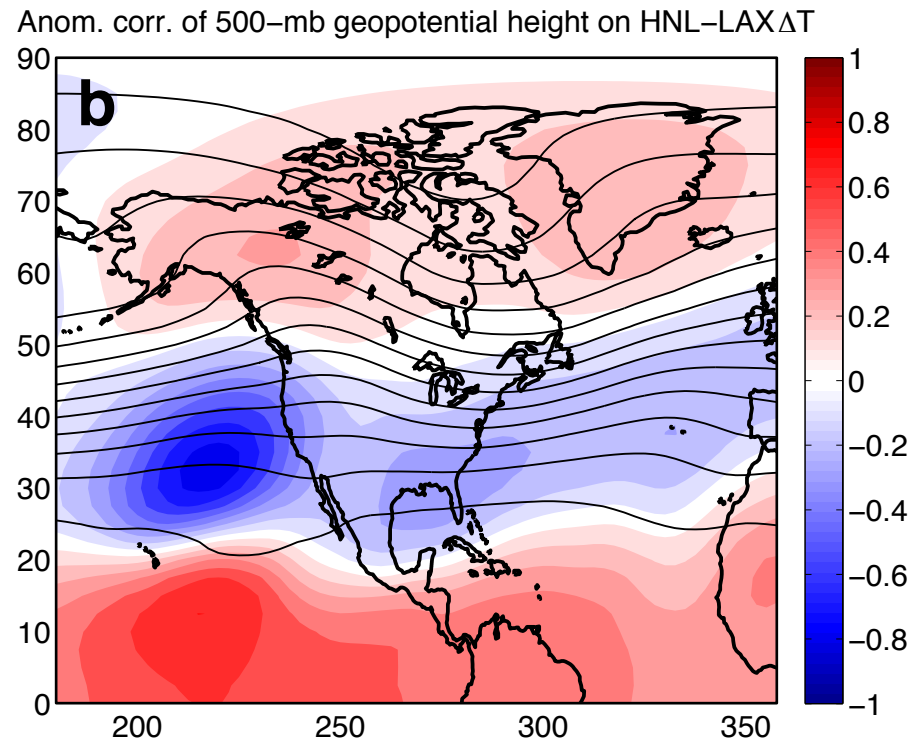
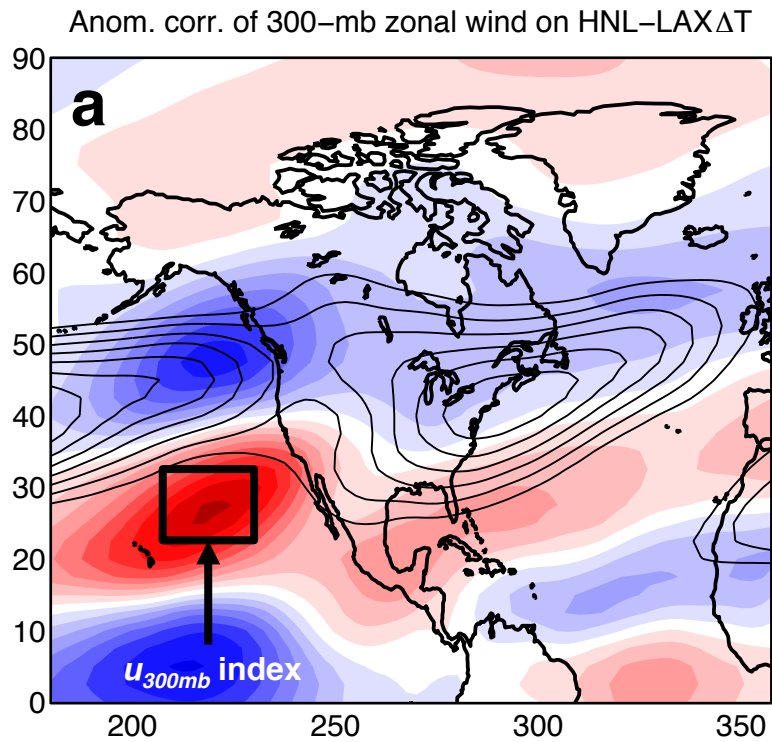
<sup>vii</sup> Assume burn rate 1 gal per second. Varies depending on aircraft and many other variables.

<sup>viii</sup> Assume emissions coefficient 9.6 kg CO<sub>2</sub> per gal ([eia.gov/environment/emissions/co2\\_vol\\_mass.cfm](http://eia.gov/environment/emissions/co2_vol_mass.cfm)).

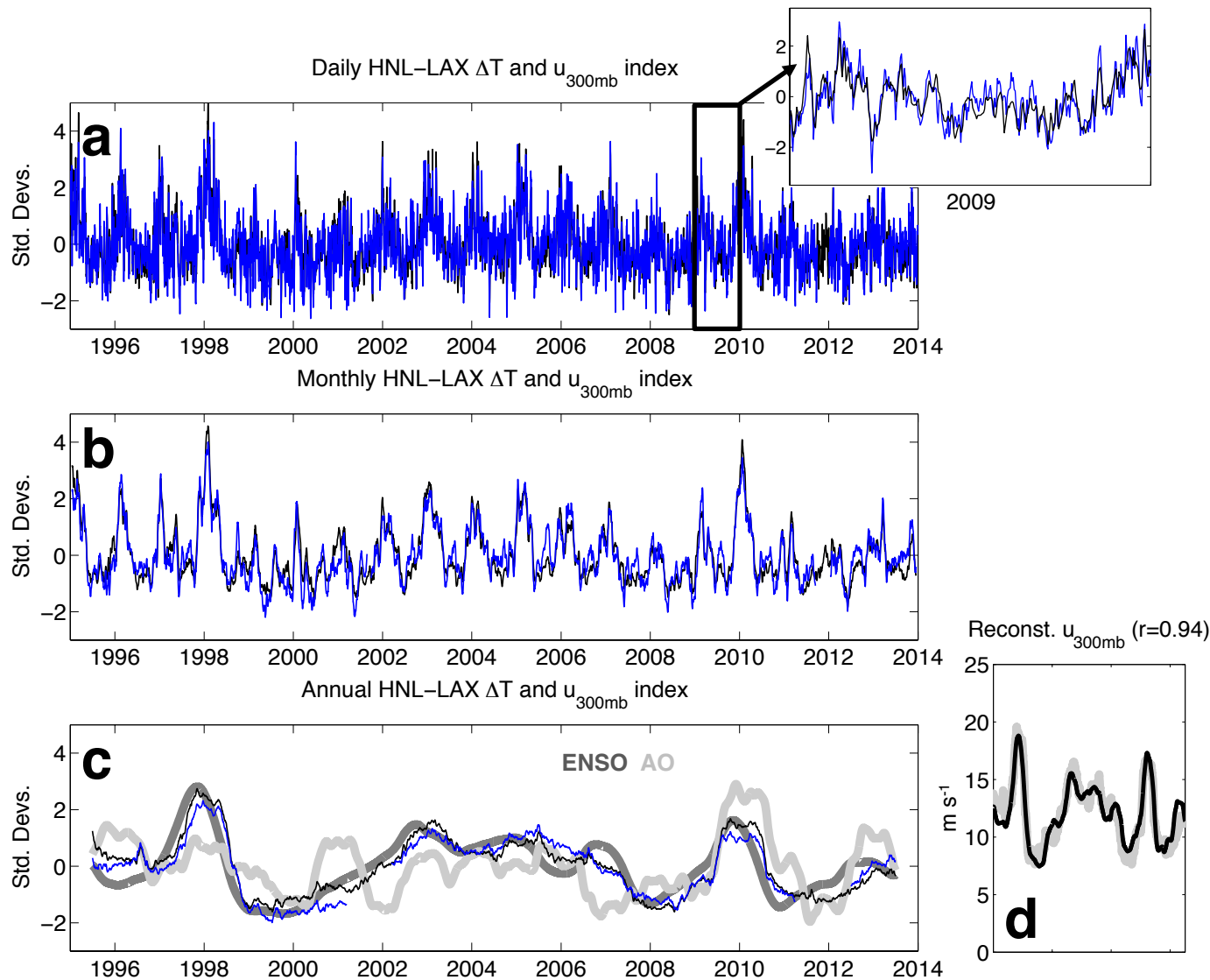


**Figure 1 | Overview map and airline time series.** **a**, Airline routes between Honolulu (HNL) and Los Angeles (LAX), San Francisco (SFO), and Seattle-Tacoma (SEA) International Airports superimposed upon the annual mean 300-mb zonal wind field (NCEP/NCAR Reanalysis, 1995-2013). The zonal wind field is contoured every  $2.5 \text{ m s}^{-1}$ . **b**, Time series of the flying time differences between westbound and eastbound legs ( $\Delta T$ ) for the HNL-SEA, HNL-SFO, and HNL-LAX routes. Colors in each panel of **b** denote airline (blue for United, red for American, green for Delta, and cyan for Hawaiian). A 31-day running mean was applied to all time series. No HNL-SEA data were available from United or American.

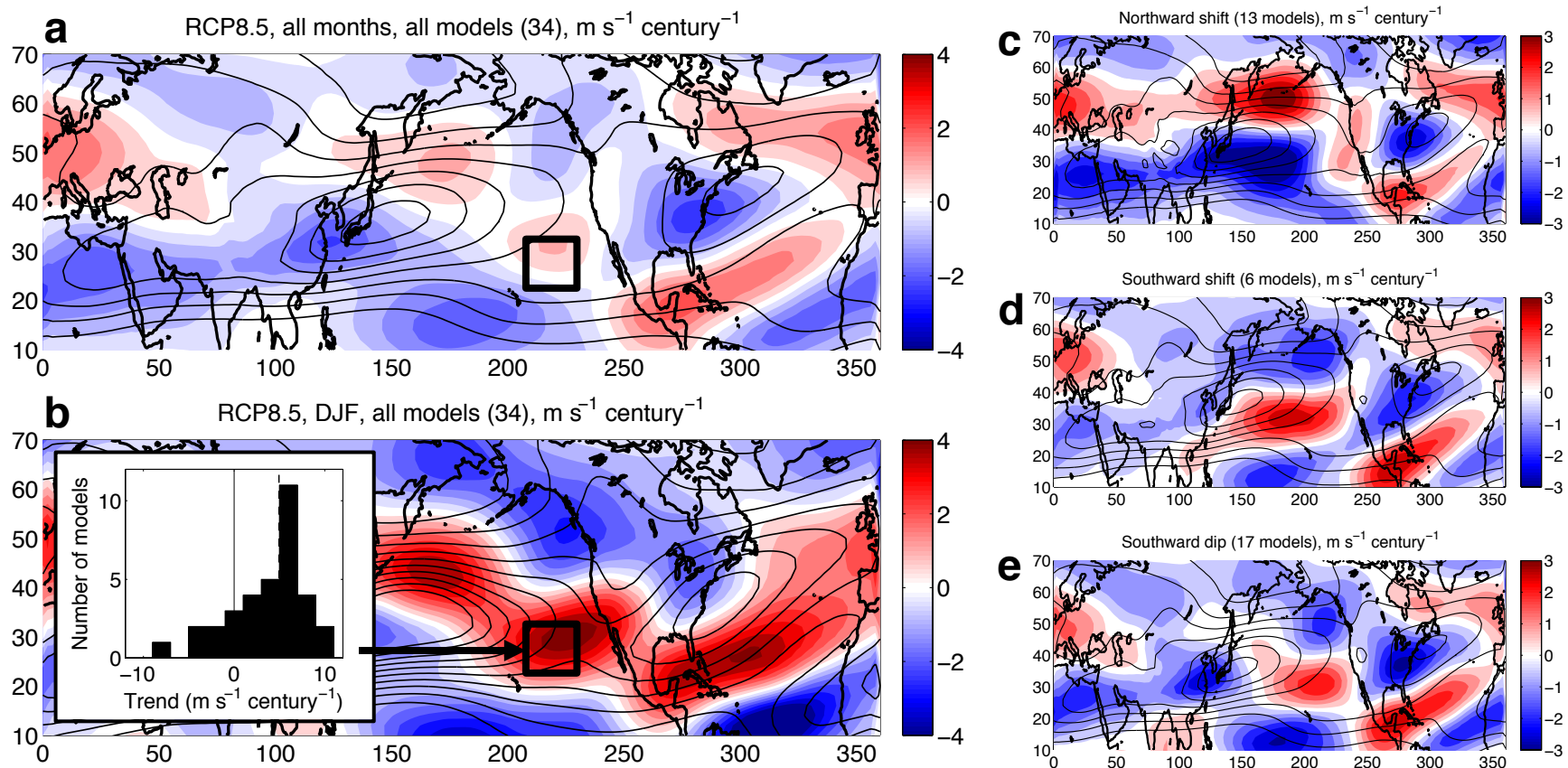




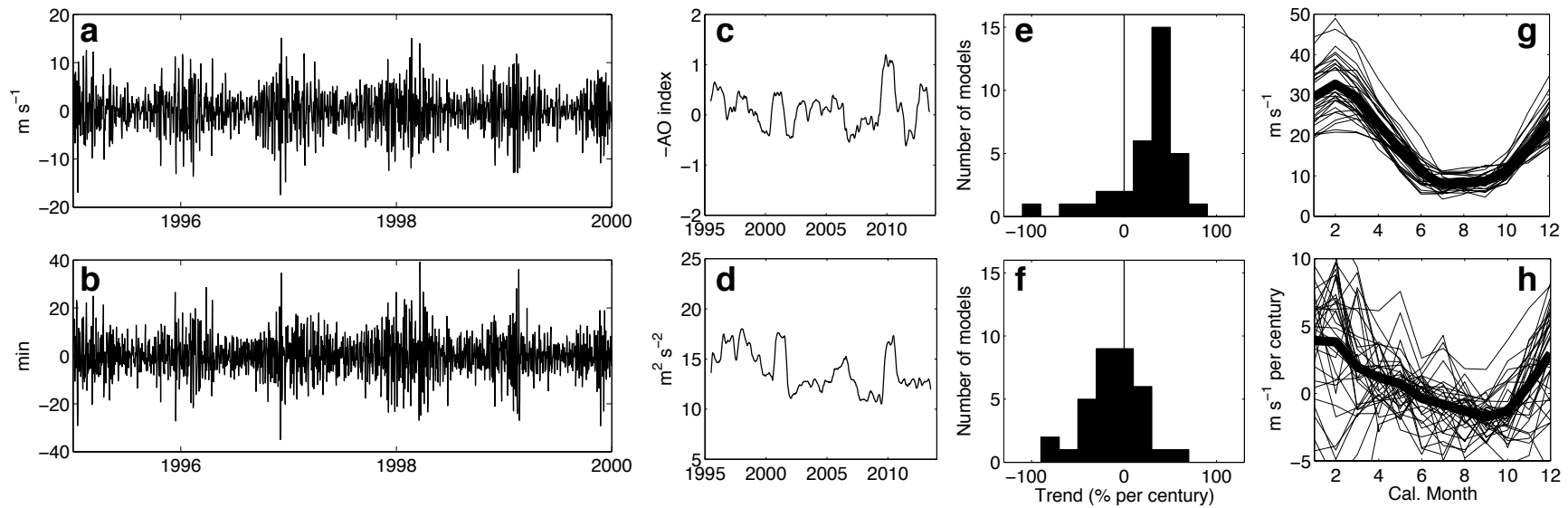
**Figure 2 | Atmospheric correlations.** Anomaly correlation of the **a**, 300-mb zonal wind and **b**, 500-mb geopotential height fields with the flying time difference between westbound and eastbound legs ( $\Delta T$ ) for the HNL-LAX route based on United flights. The mean seasonal cycle was removed from— and a 31-day running mean was applied to all data. For reference, the annual mean 300-mb zonal wind and 500-mb geopotential height fields are also contoured in black (every 2 m s<sup>-1</sup> beginning at 5 m s<sup>-1</sup> and every 50 m beginning at 5,000 m, respectively). The box shown in **a** indicates the region over which 300-mb zonal wind field is spatially averaged to construct the  $u_{300mb}$  index.



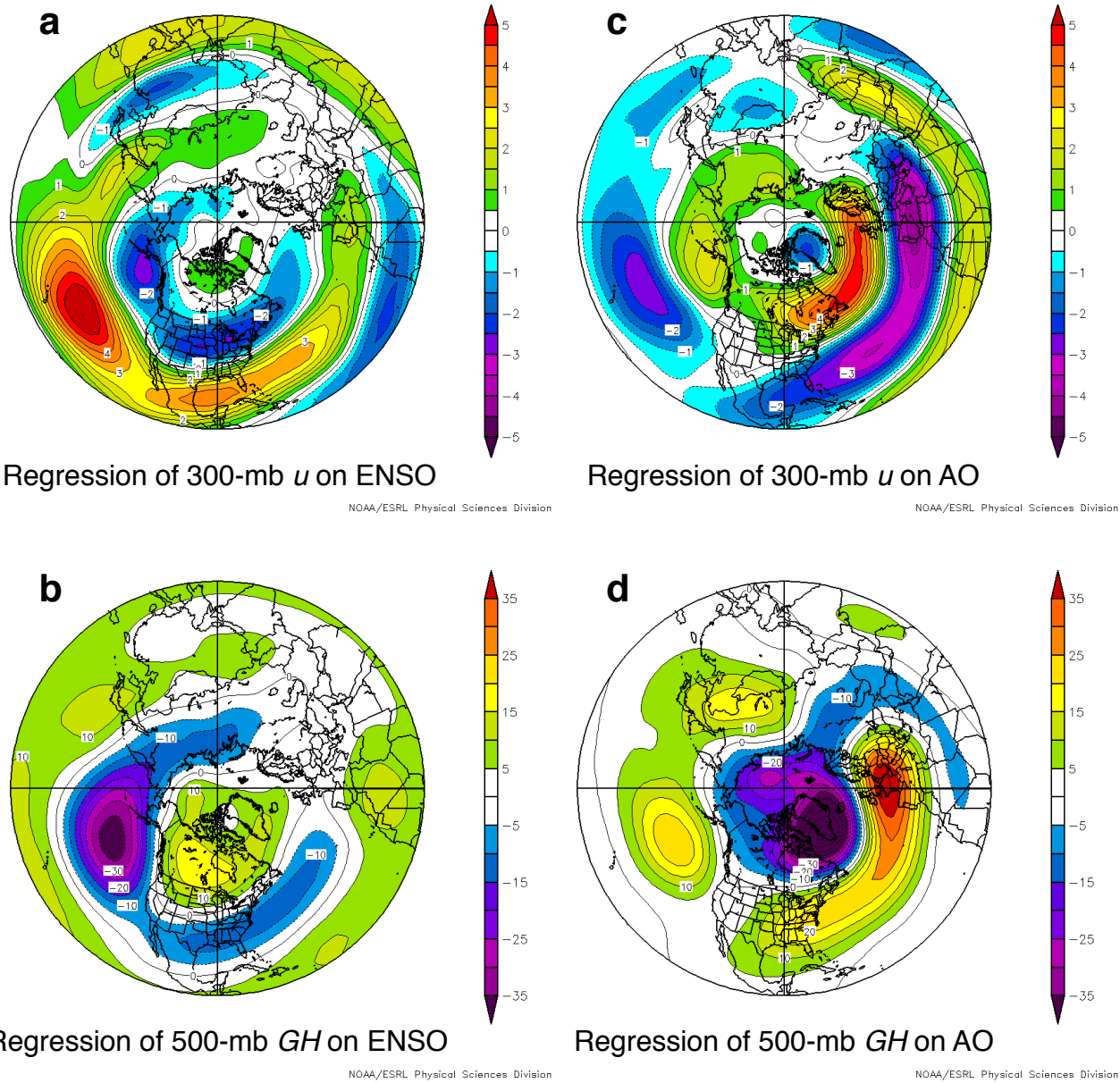
**Figure 3 | Flying time, wind, and climate.** **a**, Daily, **b**, monthly and **c**, annually smoothed HNL-LAX (United) flying time difference ( $\Delta T$ ; blue) and  $u_{300mb}$  index (black). The  $u_{300mb}$  index is defined as the spatially averaged 300-mb zonal wind over the box shown in Fig. 2a. The inset to **a** shows daily  $\Delta T$  and  $u_{300mb}$  time series for the year 2009.  $u_{300mb}$  vs.  $\Delta T$  correlation coefficients associated with daily, monthly, and annually smoothed time series are 0.86, 0.91, and 0.95, respectively. Also shown in **c** are annually smoothed NINO3.4 (dark gray) and AO (light gray; inverted) climate indices. Correlations associated with NINO3.4 are 0.86 and 0.85 for  $u_{300mb}$  and  $\Delta T$ , respectively (the maximum lead-lag correlation of NINO3.4 and  $\Delta T$  is 0.91 with NINO3.4 leading by  $\sim 2.5$  months). Correlations associated with the AO are -0.53 and -0.48 for  $u_{300mb}$  and  $\Delta T$ , respectively. **d**, Observed (gray) and reconstructed (black) annually smoothed  $u_{300mb}$  index based on least-squares multiple linear regression with the NINO3.4 (leading by 60 days) and AO indices as independent variables.



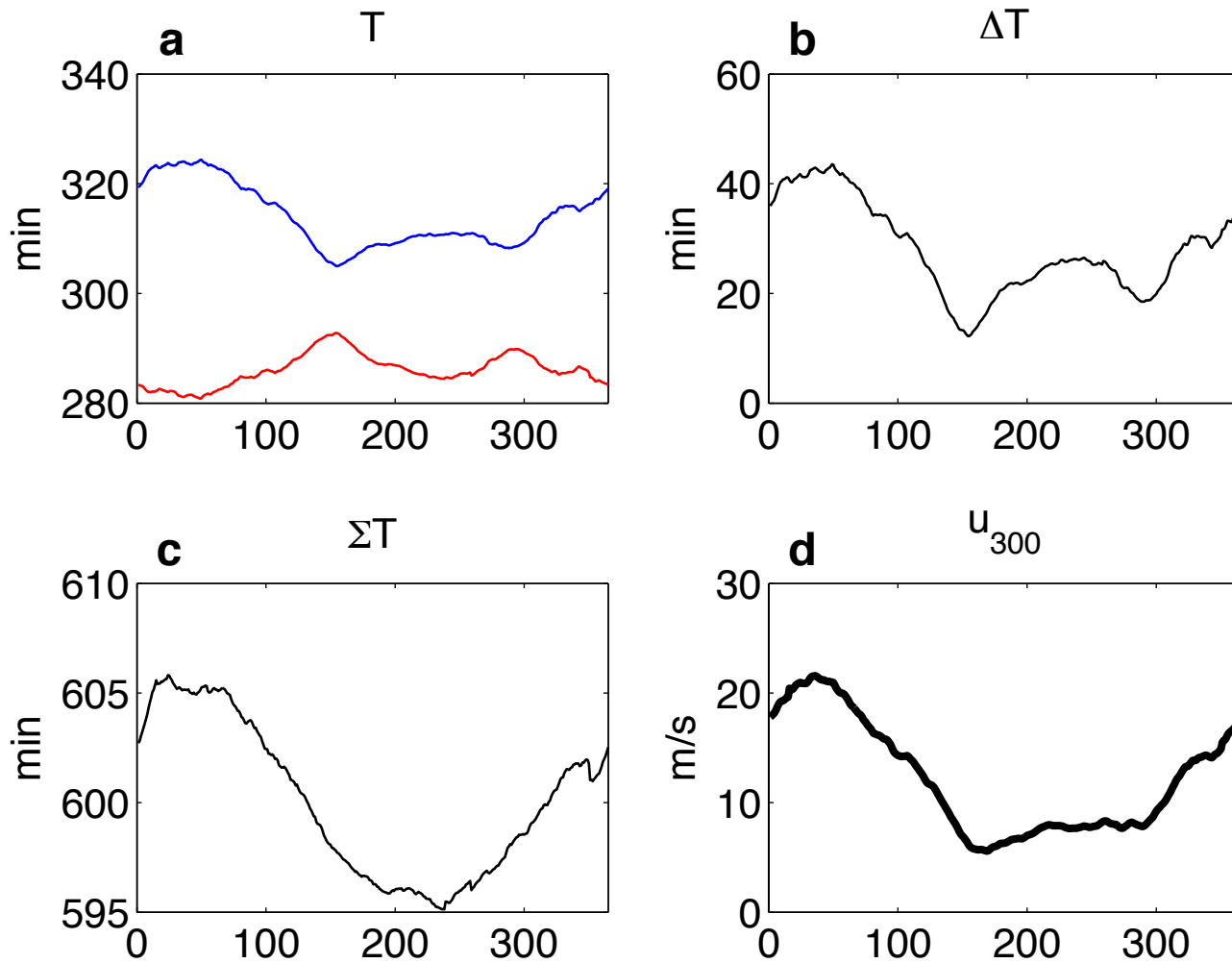
**Figure 4 | Projected trends in mean flight level winds.** **a**, CMIP5 multi-model (N=34) mean trend in 300-mb zonal wind under the IPCC AR5 RCP8.5 future forcing experiment (2006-2100). For reference, the multi-model, annual mean 300-mb zonal wind field is also contoured in black (every 5 m s<sup>-1</sup> beginning at 5 m s<sup>-1</sup>). **b**, As in **a** but for the boreal winter season (Dec.-Jan.). **c**, As in **a** but including only those models that predict a northward shift of the Pacific jet stream (N=13). **d**, As in **a** but including only those models that predict a southward shift of the Pacific jet stream (N=6). **e**, As in **a** but including only those models that predict a pronounced southward dip of the Pacific jet stream (N=17). The inset in **b** shows a histogram of projected trends in 300-mb zonal wind spatially averaged over the box shown (*i.e.*, the  $u_{300mb}$  index). The solid and dashed vertical lines represent zero and the median projected  $u_{300mb}$  trend, respectively.



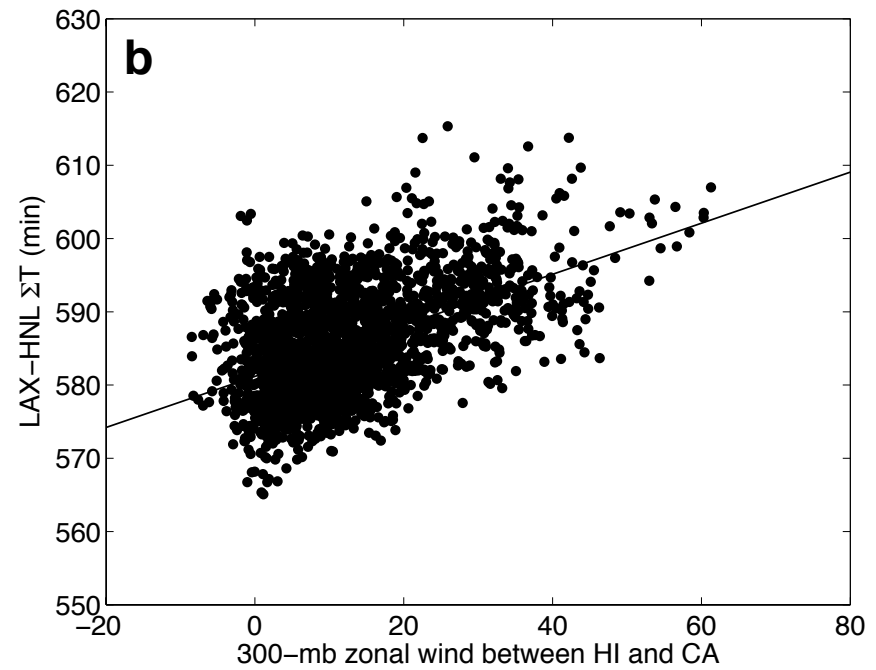
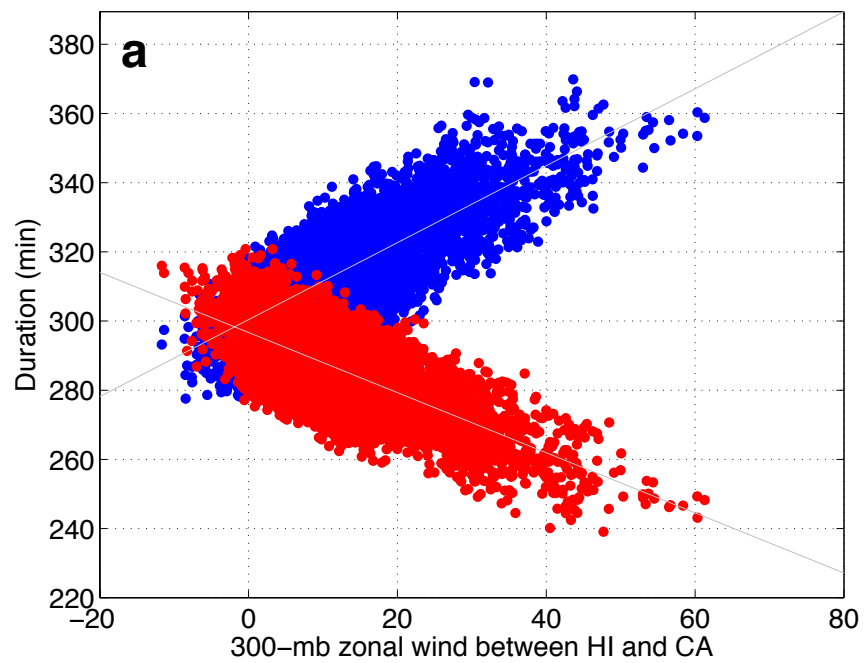
**Figure 5 | Changes in variability.** **a**, Observed daily-scale  $u_{300mb}$  for 1995-1999 (to show detail). Daily-scale is defined as the departure from the 7-day running mean. **b**, as in **a** but for the flying time from LAX to HNL (United). **c**, Annually smoothed AO index (inverted). **d**, Annually smoothed 90-day running variance of daily-scale  $u_{300mb}$ . **e**, Histogram of CMIP5 projected trends in 10-year running variance of monthly  $u_{300mb}$  under the IPCC AR5 RCP8.5 future forcing experiment (2006-2100). **f**, As in **e** but for monthly  $u_{300mb}$  anomalies (mean seasonal cycle removed). **g**, Mean seasonal cycle of  $u_{300mb}$  in CMIP5 models (thin lines) and the multi-model mean (thick line). **h**, Projected trends in  $u_{300mb}$  by CMIP5 models as a function of calendar month (thin lines) and the multi-model mean (thick line).



**Figure S1 | ENSO and Arctic Oscillation.** Regression of Northern Hemisphere wintertime **a**, 300-mb zonal wind ( $\text{m s}^{-1}$ ) and **b**, 500-mb geopotential height (m) on the NINO3.4 index from the NCEP/NCAR Reanalysis (1949-2010). **c**, **d**, As in **a**, **b** but for the the Arctic Oscillation (AO) index.



**Figure S2 | Annual cycles.** **a**, Annual cycle of westbound (blue) and eastbound (red) flying time ( $T$ ) between HNL and LAX (United). **b**, Annual cycle of the flying time difference between westbound and eastbound legs ( $\Delta T$ ) for the HNL-LAX route (United). **c**, As in **b** but for the flight time sum. **d**, Annual cycle of the  $u_{300mb}$  index.



**Figure S3 | Flight time residual.** **a**, Scatter diagram of the  $u_{300mb}$  index vs. the duration of westbound (blue) and eastbound (red) legs of the HNL-LAX route (United). **b**, As in **a** but for the  $u_{300mb}$  index vs. the flight time sum.